

HOW TO BUILD A SALAD DRESSING

ADD YOUR FLAVOR ENHANCERS

- Grade A Maple Syrup
- Agave Nectar
- Coconut Aminos
- Ginger
- Garlic
- Shallot
- Tahini
- Fresh Herbs

WHISK IN 1/4 CUP ACIDIC JUICE

- Lemon
- Lime
- Orange
- Raw Apple Cider Vinegar

START WITH 1/2 CUP OIL

- Olive Oil
- Walnut Oil
- Avocado Oil
- Grapeseed Oil

